

Stamp and Go

Ivy Gordon



Ingredients

2 cups breadfruit flour
½ lb. salted codfish
2 onions
2 tomatoes (plummy)
2 cloves garlic
½ hot pepper (scotch bonnet)
2 stalks scallion
2 Tbsp oil
2 tsp baking powder
oil for frying



Directions

Mix all ingredients well.
Let sit for 30 minutes.
If needed add more liquid, either milk or water.

Drop into hot oil one tablespoon at a time.

Cook until golden brown.

Serves ten people.



Trees That Feed Foundation