

Pumpkin Dumplings

Jamie Mulgrave



Ingredients

1 cup flour
1 cup breadfruit flour
1/3 cup cornmeal
1 tsp salt
3/4 cup pumpkin, shredded
water

Directions

Mix first 5 ingredients together thoroughly. Add enough water to form a dough that is not sticky. Add more flour as needed. Separate into 1 inch pieces and shape into round discs.

Place in salted boiling water and boil 20 minutes.



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