

Mike's Breadfruit Bites

Susan Kissel



Ingredients

2 cups grated sharp cheddar
cheese
1 ½ cups toasted breadfruit flour
1 stick butter
salt to taste
¼ scotch bonnet pepper, finely
chopped(or pepper flakes)
2 Tbsp cream



Directions

Preheat oven to 325 degrees F.
Put cheese, butter, breadfruit flour and
pepper into a food processor and pulse.
Drizzle in the cream.
Remove and divide into 4 equal parts.
Form into rectangular shapes and wrap each
in saran wrap.
Refrigerate for 20 minutes.
Remove and roll with a rolling pin until 1/4
inch thick.
Cut into bite size pieces.
Bake for 15 minutes.

Cool on a wire rack.
Makes about 40 pieces.



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