

Breadfruit Pancakes



Ingredients

- 1 cup breadfruit flour
- 2 tablespoons sugar
- 2 teaspoons baking powder
- 1/2 teaspoon salt
- 1 cup milk (may have to add more)
- 2 tablespoons melted butter or vegetable oil
- 1 large egg
- 1 tablespoon vegetable oil for pan

Directions

Mix together flour, sugar, baking powder, and salt; set aside.

In a medium bowl, whisk together milk, butter (or oil), and egg.

Add dry ingredients to milk mixture; whisk until moistened. You may have to add more liquid.

Heat a large skillet or griddle over medium. Moisten with oil.

For each pancake, spoon 1 tablespoons of batter onto skillet.

Cook 1 to 2 minutes.

Flip carefully with a thin spatula, and cook until browned on the underside, 1 to 2 minutes more.

Serves ten people.

