

Breadfruit Banana Bread



Ingredients

1 1/2 cup breadfruit flour
1/2 cup butter, melted
1 cup sugar
2 eggs
1 tsp vanilla extract
1/2 tsp Nutmeg 1/2 teaspoon cinnamon
1 tsp salt 1 tsp baking soda
1tsp baking powder.
1/2 cup milk Juice of 1 lime
3 medium mashed bananas

Directions

large bowl, stir together the melted butter and sugar

Add the eggs and vanilla, mix well

Mix the milk, lime juice and bananas and fold into the batter

Combine breadfruit flour, baking soda, baking powder, salt and spices mix well
Add to the batter

Spread evenly into cake pan

Bake at 350 degrees for 40 minutes or until a toothpick inserted into the center of the loaf comes out clean

Cool loaf for 10 minutes before removing to a wire rack to completely.

Serves ten people.

