

# Breadfruit Porridge Mix



## Ingredients

1 cup breadfruit flour  
1 cup cornmeal  
 $\frac{1}{2}$  cup coconut milk powder  
 $\frac{3}{4}$  cup brown sugar  
8 cups water  
Nutmeg, cinnamon and/or ginger,  
add to taste



## Directions

Place all in a large pot add water and bring to a boil.  
Simmer 15 minutes, remove from heat cool till comfortable eating temperature serve

If each child receives 6 oz.  
this will serve 15 children

To take this basic recipe to a new level  
add any additional items of your choosing.

We recommend raisins or cubed fresh  
fruit or additional spices.